

Yoga in Modern Medicine

Organized by American Academy for Yoga in Medicine





April 25–26, 2026 () Memphis, Tennessee



About the Conference

The Yoga in Medicine Conference 2026 will bring together global experts, physicians, researchers, and yoga practitioners to explore the impact of yoga on modern healthcare. With cardiovascular disease, diabetes, hypertension, and stressrelated conditions on the rise worldwide, this event highlights yoga as a vital tool for prevention, management, and healing.

Key Thematic Area

Yoga in Cardiovascular Disease:

Hypertension Coronary Artery Disease Heart Failure

- Yoga in Diabetes & Metabolic Disorders
- Yoga in Cancer & Arthritis
- Yoga in Neurology & Mental Health
- Yoga for Lifestyle Medicine & Holistic Wellbeing
- Yoga Research for modern era





Friday, April 24, 2026

Evening Welcome Reception & Networking

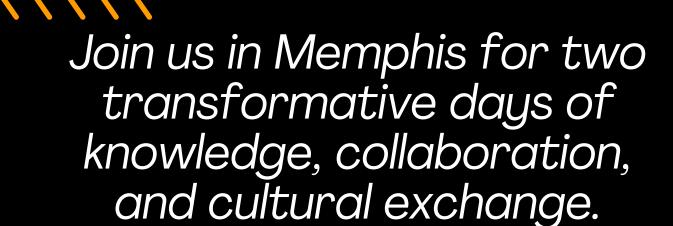
🖱 Saturday, April 25, 2026 🔱 8:00 AM

- >> Breakfast & Opening Session
- Scientific talks and panel discussions throughout the day
- Evening Gala Dinner with Dignitaries and VIPs, including the Ambassador of India
- Sunday, April 26, 2026 \(\bigcup 8:00 AM
 - >> Breakfast & Morning Sessions
 - > Early Closing Ceremony
 - Afternoon Cultural Tour: Graceland (home of Elvis Presley), Safari, Zoo, and Memphis attractions



Highlights

Inspiring keynote lectures by global experts scientific and evidence-based presentations networking opportunities with healthcare leaders Gala dinner with VIP guests Cultural experiences in.







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