



American Academy for
Yoga in Medicine

A woman with blonde hair in a ponytail, wearing a dark green long-sleeved top and leggings, is performing a yoga pose (Warrior II) on a wooden dock. Her arms are extended horizontally, and her legs are in a wide stance. The background shows a calm lake reflecting the sky, with a line of trees in autumn colors (yellows and oranges) in the distance under a soft, hazy sky.

YOGA IN MEDICINE CONFERENCE 2026

Yoga in Modern Medicine

Organized by American Academy for Yoga
in Medicine



April 25–26, 2026



Memphis, Tennessee



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aaymonline.org



About the Conference

The Yoga in Medicine Conference 2026 will bring together global experts, physicians, researchers, and yoga practitioners to explore the impact of yoga on modern healthcare. With cardiovascular disease, diabetes, hypertension, and stress-related conditions on the rise worldwide, this event highlights yoga as a vital tool for prevention, management, and healing.

Key Thematic Area

Yoga in Cardiovascular Disease:

Hypertension
Coronary Artery Disease
Heart Failure

- **Yoga in Diabetes & Metabolic Disorders**
- **Yoga in Cancer & Arthritis**
- **Yoga in Neurology & Mental Health**
- **Yoga for Lifestyle Medicine & Holistic Wellbeing**
- **Yoga Research for modern era**





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Conference Schedule



Friday, April 24, 2026

Evening Welcome Reception & Networking



Saturday, April 25, 2026



8:00 AM

- *Breakfast & Opening Session*
- *Scientific talks and panel discussions throughout the day*
- *Evening Gala Dinner with Dignitaries and VIPs, including the Ambassador of India*



Sunday, April 26, 2026



8:00 AM

- *Breakfast & Morning Sessions*
- *Early Closing Ceremony*
- *Afternoon Cultural Tour: Graceland (home of Elvis Presley), Safari, Zoo, and Memphis attractions*



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Highlights

*Inspiring keynote lectures by global experts
scientific and evidence-based presentations
networking opportunities with healthcare
leaders Gala dinner with VIP guests Cultural
experiences in.*



*Join us in Memphis for two
transformative days of
knowledge, collaboration,
and cultural exchange.*



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